



Contact: Laura Beebe, LA's BEST
Office: 213-978-0801, Cell: 732-546-8395
E-mail: laura.beebe@lacity.org

MEDIA ALERT

THOUSANDS OF LA'S BEST FAMILIES TO RECEIVE FREE HEALTH AND FITNESS RESOURCES AND SERVICES SUNDAY AT A ONE-STOP EVENT

Families will enjoy free health check-ups, dental resources, cooking lessons and more.

LOS ANGELES, CA – As a continued effort to provide families with comprehensive services, LA's BEST is proud to host a free health festival where students and families can participate in fitness activities while also receiving healthy lifestyle education information.

WHAT?: More than 2,000 LA's BEST family members and staff, sponsors and community partners will be in attendance for LA's BEST Family Health Festival. The event will include workshops led by professional chefs, health screenings and more. The LA's BEST Family Health Festival is sponsored by AdvoCare, the Los Angeles Rams, the University of Southern California and Goya Foods.

WHEN?: Sunday, October 1, 2017 from 9:30 am - 12:30 pm

WHERE?: Alumni Park, University of Southern California
(Between Doheny Library and Bovard Auditorium) Los Angeles, CA 90089.
Parking available for media. Please RSVP to Laura.Beebe@lacity.org.

LA's BEST After School Enrichment Program

LA's BEST (Better Educated Students for Tomorrow) provides a free after school program to 25,000 kids each school day at 197 elementary schools across Los Angeles with the highest needs and fewest resources in economically distressed neighborhoods. Founded in 1988 by Mayor Tom Bradley to help children excel in school and to build stronger communities, our program goes beyond basic education to instill healthy values and to build skill sets in fields such as digital, science and the arts. www.lasbest.org

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